



The early spring has been an exciting and busy time. We've been diligently working to develop a digital tool for our healthcare professionals, integrating the functionalities of DrHolmApp.dk with consultations in clinics, both nationally and internationally, using the Obesity Treatment Tool Pro.

Rikke has been busy implementing the Obesity Treatment Tool Pro in Oslo, where healthcare professionals have been following the Dr Holm method for several years. It's truly thrilling to witness their positive reception of this digital tool, which they themselves deem a significant step in their daily work.

In late March, we hosted an international seminar in Copenhagen for foreign doctors, researchers, and specialist nurses, drawing participants from Australia, Israel, Romania, and Russia.

Over recent years, there has been a growing interest abroad in understanding the methodology behind the results presented at conferences worldwide. We organized a 3-day seminar, carefully reviewing obesity from new perspectives, treatment methods, experiences, results, and tools.

Participants expressed great interest, especially in the possibility of a translated version of the Obesity Treatment Tool Pro. Efforts are underway to introduce Dr Holm tools, including the Obesity Treatment Tool Pro, in their obesity clinics. Russian doctor Pavel, highlighted "There are many good suggestions and ideas for treating obesity, but Dr Holm is the only one offering a complete, integrated package based on evidence". Another Russian doctor, Elena, noted "Genius often lies in simplicity".



Dr Holm

We wholeheartedly embrace both opinions and appreciate the support as we continue our journey. We are committed to developing the best treatment options for overweight and severe obesity. Looking ahead, we aim to organize, develop, and disseminate effective treatments for children, young people, and adults with obesity and severe obesity. We will continue to ensure the quality of our method in all receiving clinics with the latest updates, within our knowledge and guidelines.

For more information about the Obesity Treatment Tool Pro, please contact:

Nurse Rikke Haslund Melskens

Phone: +45 6146 9960

We are delighted to arrange presentations to showcase the features and options that the Obesity Treatment Tool Pro contains.

Yours sincerely

Jens-Christian Holm, Dr Holm App ApS

Senior physician, PhD, manager



Styrker samarbejdet mellem patient og behandler