



NEWSLETTER

April 2020

JAMA PEDIATRICS.

Dear All

We're delighted to share some exciting news! Jens-Christian has made a contribution to an overview article in one of the world's most influential American journals, alongside internationally renowned co-authors. The focus of this article together with internationally leading co-authors. The focus of this article is on young people dealing with overweight and severe obesity, addressing both prevention and treatment strategies. A crucial takeaway from the conclusion underscores the imperative need to provide the same level of resources, scientific rigor, and access to lifelong, high-quality treatment for severely overweight young individuals as we do for any other chronic disease. Furthermore, the article recommends prioritizing education and research dedicated to the treatment of severely overweight young people.

We invite you to read the full article here;

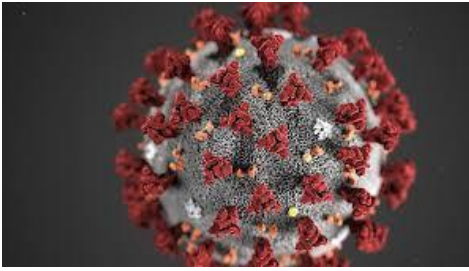
https://www.jenschristianholm.dk/CustomerData/Files/Folders/7-pdf/1287_bilag-25b.pdf

COVID-19

It appears that the government's strategy is making progress, despite the price being high and will remain high. The government is gradually reopening society, anticipating an increased spread of infection. Notably, severely overweight adult patients seem to face a heightened risk of contracting Covid-19, both in terms of morbidity and mortality. On the contrary, overweight/severely overweight children do not seem to share a similar increased risk, at least in terms of mortality.

Evidence suggests that severely overweight patients may have specific immunological deficits, contributing to their elevated risk. This might explain why individuals with severe obesity are not only more susceptible to a broad spectrum of infections, including infections and





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Read more

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Covid-19, but are also at an increased risk of more than 13 cancers in adulthood.

Jens-Christian has provided a brief status update on this matter. If you are interested, please contact Dorte at bogholderi@drholm.com, and she will be happy to share it with you.

The Obesity Treatment Tool Pro, featuring patient access, proves highly effective in an environment where social distancing is crucial. Patients can conduct online consultations independently and collaborate with their local therapists with support from both you and us. Additionally, video consultations are now integrated into Obesity Treatment Tool Pro, ensuring continued patient contact despite potential Covid-19-related restrictions.

Furthermore, BMI SDS is built into the system, offering a quick, accurate, and clear evaluation of changes in overweight among children and young people.

Learn more about Obesity Treatment Tool Pro here:

<https://www.jenschristianholm.dk/uk/our-products/obesity-treatment-tool-pro.aspx>

Upcoming seminars in the Dr holm model

Seminar 1: 20th-21st of August 2020 – introduction seminar.

Seminar 2: 2^{sn} – 3rd of June 2020 – follow-up seminar; follow-up on treatment.

Seminar 3: 1st – 2^{sn} of December 2020 – Immersion seminar; our values in a meta-perspective.

All seminars are held at Hotel Scandic, Nørretorv 57, 4100 Ringsted.

Obesity Treatment Tool Pro is now part of the seminar content on all seminars.

As for course 2, we expect them to be held as planned in early June.

Scandic has promised us terms that meet the government's requirements for social distancing, including 2 meters distance at tables, and corresponding rules will be introduced regarding toilet visits, lunch, and coffee/tea buffets.