

Focus on difficult-to-treat patients.

Dear All



There is promising news as effective vaccines against Covid-19 are expected to be available soon. We hope this will help limit the Covid-19 pandemic as quickly as possible, allowing us to return to a more normal life. However, it is likely that this winter will continue to be characterized by various restrictions. It is important that we adhere to all the precautions recommended by the Danish Health Authority.

NETWORKING AND ANNUAL OBESITY MANAGEMENT CONFERENCE



We have received very positive feedback regarding our plan to host an annual recurring conference for healthcare professionals who share a common background in education focused on the Holbaek Model. The response has been so favourable that there is already a positive acknowledgment of the Annual Obesity Management Conference within various leadership groups and networks. The primary focus will be on the difficult-to-treat patients. For instance, we propose offering genetic examinations for patients with severe obesity, with the understanding that their data will be included in our research.

Furthermore, the conference will emphasize psychosocial challenges, which, when combined with genetic causes, are

central factors contributing to the increasing complexity and difficulty of treatment processes.

As course participants, you play a vital role in shaping the agenda, and the specific focus on difficult-to-treat patients has been suggested by a leading health nurse. The program is still under development, and we welcome any good suggestions for topics. Please contact Dorte at klinikken@drholm.com with your suggestions. We anticipate that the program will be ready to be sent out to you after the turn of the year. Regarding the timing of the course itself, we are monitoring the extent of restrictions imposed in response to the Covid-19 pandemic, which may affect the gathering of health professionals from across the country.

We are planning to hold the conference on Fyn in May, June, or August 2021 to provide ample opportunities for participants from all over Denmark. The participation fee for the Annual Obesity Management Conference is DKK 1250.00 per participant for a one-day conference. It is understood that all necessary precautions related to Covid-19 will be implemented.

SEMINAR 4

As something entirely new, we are introducing Seminar 4. To attend Seminar 4, participants must have completed Seminar 1, 2, and 3. However, Seminar 4 is not a prerequisite for using the Obesity Treatment Tool Pro. The focus will be exclusively on training practitioners in pedagogy and communication.

The course is centred around participants' own cases of difficult-to-treat patients, selected clips from GXL, various clinical video examples, communicative/pedagogical exercises, as well as direct live consultations with families during the course – similar to what we did in the initial courses. The course will actively engage between theory and practice, ensuring effective competence development aimed at achieving excellent treatment for difficult-to-treat patients.

You can view the program for Course 4 [here](#).

The first Seminar 4 is scheduled for the 25th-26th of May 2021 at Hotel Scandic in Ringsted.

ARABIC VERSION

Obesity Treatment Tool Pro and DrHolmApp.net are now fully developed and available in Arabic. You can visit

<https://drholmapp.net/> to access them. It is unique that we have successfully completed a complex digital tool for treating obesity in Arabic. This accomplishment means that our fellow citizens who primarily speak Arabic now have the opportunity to receive tailored treatment for overweight and severe obesity the Holbaek model. We are fortunate to have Eliane Elias Obeid, a professional bachelor in nutrition and health who is fluent in Arabic, assisting us in the Dr Holm support team.

ARABIC-SPEAKING HEALTH CONSULTANT

If you face challenges in communicating with Arabic-speaking families or patients, our experienced Arabic-speaking health

دع Dr Holm يساعدك في الحفاظ على حياة أكثر صحة - لبقية عمرك!
فإن سيتم إطلاق صفحة التواصل المباشر باللغة العربية من أداة لفحص الوزن DrHolmApp للاستخدام
الخاص والإستخدام المهني قبل نهاية أيار/أغسطس 2020.

Let Dr Holm help you to a healthier life - for the rest of your life!
Here the arab version of DrHolmApp online weight loss tool for private and
professional use will launch before the end of August 2020.



consultant, Eliane Elias Obeid, can assist you in several ways. Eliane can conduct full consultations as a health consultant or participate as an Arabic interpreter during consultations. Eliane is capable of conducting consultations with families either in person or through the video module in the Obesity Treatment Tool Pro or a similar virtual access in the municipality.

Eliane holds a professional bachelor's degree in nutrition and health and has utilized the Holbaek Model since the beginning of her professional career. She played a central role in developing the Arabic versions of DrHolmApp (visit <https://drholmapp.net/>) and Obesity Treatment Tool Pro.

Eliane can significantly enhance your competence by professionalizing the consultation process with Arab citizens and/or optimizing healthcare Arabic interpretation. An optimized understanding and communication in Arabic will reduce translation errors, misunderstandings, and contribute to a better insight into obesity and its treatment for individuals from diverse cultural backgrounds.

GXL

We've learned that you can watch the DR TV documentary programs GXL from both 2012 and 2017. To access them, you'll need a UNI log in or WAYF.

Generation XL

Here's a guide to finding Generation XL:

- Visit my CFU: <https://hval.dk/mitcfu/>

- Click on LOGIN
- Choose UNI-log in (or WAYF)
- Search for TV-UDSENDELSER
- Type 'Generation XL' in the search field

OBESITY TREATMENT TOOL PRO

Price change from October 1, 2020.

New subscriptions for Obesity Treatment Tool Pro without patient access cost DKK 795 per access starting October 1, 2020.

All ongoing subscriptions of Obesity Treatment Tool Pro without a patient access purchased before October 1, 2020, continue at DKK 495.

The price of the Obesity Treatment Tool Pro with patient access has been reduced to DKK 1,500 per patient, including support from the Dr Holm Support team for the next 3 years.

UPCOMING SEMINARS IN THE HOLBAEK MODEL



It won't be long until we host this year's final seminar, Brush-Up, on December 8th. The seminar will be conducted with consideration for distance, numbers, and hygiene, following the recommendations of the Danish Health Authority.

There are still available spots for this course, so contact secretary Dorte at tel. 61 46 44 63 if you are interested.



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Seminar 1: 11th - 12th of March 2021.

Introductory course.

Seminar 2: June 2021, date coming soon

Follow-up seminar; follow-up on treatment.

Seminar 3: Spring 2021.

Immersion seminar; our values in a meta-perspective.

Seminar 4: 25th – 26th of May 2021.

Focus on the therapist's pedagogy and communication.

Brush Up: December 8, 2020.

To make the patient easy.

<https://www.jenschristianholm.dk/uk/our-products/courses-for-healthcare-professionals.aspx>

Obesity Treatment Tool Pro is now included in the seminar content for all seminars.

Learn more about Obesity Treatment Tool Pro here:

<https://www.jenschristianholm.dk/uk/our-products/obesity-treatment-tool-pro.aspx>

All seminars are held at Hotel Scandic, Nørretorv 57, 4100 Ringsted.