

OBESITY TREATMENT TOOL PRO



Evidence based obesity treatment that makes workflow easier, save time, has build-in quality assurance and provides efficient treatment

Read more about the advantages, how to become certified, and much more in this folder

OBESITY TREATMENT TOOL PRO - FOR PROFESSIONAL TREATMENT OF OBESITY

Part of Dr Holm

OBESITY TREATMENT TOOL PRO

The **Obesity Treatment Tool Pro** provides
tailormade efficient and
professional treatment of
your patients with obesity.

The online platform supports your clinical
consultations with your patients including:

Journal

Library

Online support

Video-consultation

Healthy recipes








Inspiration to physical activity

Shopping guide

Diary

*For more information, visit
www.jenschristianholm.dk or contact us on
contact@drholmcourses.com*

THE ADVANTAGES OBESITY TREATMENT TOOL PRO

-  Systematic evidence based model
-  Individualised treatment plans
-  Easier workflows in one solution
-  Video-consultation
-  Build-in quality assurance
-  Online support
-  Evaluation of results

CERTIFICATION

In order to use the
**Obesity Treatment
Tool Pro** you need to be
certified on Dr Holm Seminars

Certification; you need

Seminar 1, Introduction:

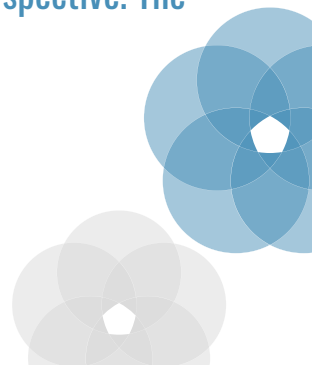
Definition and prevalence of obesity, disease spectrum, weight regulation, obesity related complications, treatment method, the new pedagogy.

Seminar 2, Follow-up:

Follow-up treatment including expectations, body composition, adjustment of treatment, relapse, drop-out, ethics, normalisation, end of treatment and direct and indirect effects of treatment.

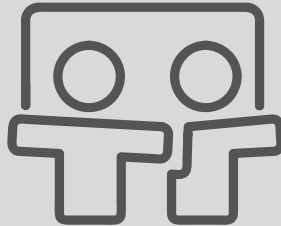
Seminar 3, Immersion:

Details. Empathy. Flow and rhythm in communication. Authenticity. Self-identification. Challenges and perceptions. Resistance. Authority. The patient difficult to treat. Suffering. Perspective. The paradigm shift.



OBESITY TREATMENT TOOL PRO

CONTINUOUS TREATMENT

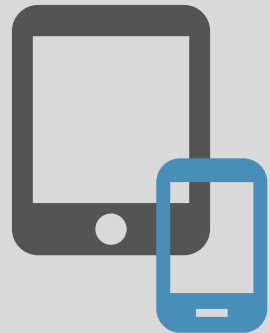


OBESITY TREATMENT TOOL PRO

HEALTHCARE-
PROFESSIONAL



PATIENT/CITIZEN



OBESITY TREATMENT TOOL PRO

Support

Professional support: You support your patients and the Dr Holm Support Team supports you.

Technical support: The Dr Holm Support Team provides technical support to you and your patients.

Evaluation of results (optional service)

Mood, quality of life, bullying, appetite, wish for weight loss, body self perception

Blood pressure

Drop out rate and reasons for stopping treatment; age, moving away, succes etc.

Socioeconomic status

Time consumption

BMI (or BMI SDS in children/adolescents)

and much more...



FREQUENTLY ASKED QUESTIONS

Q: *Can the Obesity Treatment Tool Pro also be used for adults?*

A: *Yes, for children, adolescents and adults.*

Q: *When can I use the Obesity Treatment Tool Pro?*

A: *You book the 3 Seminars and after you start certification by attending Seminar 1 you can start using the Obesity Treatment Tool Pro.*

Q: *Can I share my Obesity Treatment Tool Pro access with a colleague?*

A: *Your Obesity Treatment Tool Pro access is personal and is dependent on certification.*

Q: *Can the Obesity Treatment Tool Pro work in coherence with our existing IT-solutions?*

A: *The Obesity Treatment Tool Pro can easily be combined with any other IT platform with no need of doubling data entries.*

Q: *Is the Obesity Treatment Tool Pro GDPR-approved?*

A: *Yes.*

OUR USERS SAY



"I am so happy for this tool, since as a healthnurse I have been entirely alone and 100% powerless in relation to help children to what to do and how to relate to their obesity! So thanks! Great."

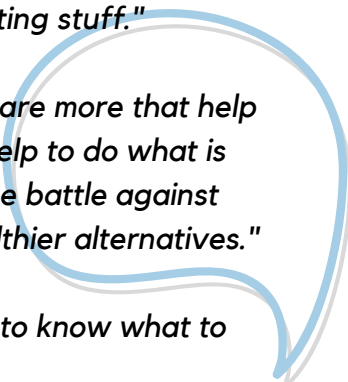
"Sharp on knowledge with answers on all questions. Usefull from today."

"I am positively surprised over how important the pedagogy is and how important the pedagogy is for the method to work. Got the understanding of how important it is that your authority is maintained. Didn't think that Seminar 2 would make much of a difference, but I got wiser. There is so much more to it than the 22 treatment plan points."

"Very very relevant, inspiring, consistent and usefull."

"Very concrete, usefull tool to take back in our work. Simple and straightforward. Good at delivering exiting stuff."

"It has been great to experience that there are more that help to lift this important task and continuously help to do what is best for the child. Contemplating to enter the battle against school kitchens and canteens to ensure healthier alternatives."



"New knowledge. Great inspiration. So nice to know what to do."

THE EVIDENCE

More than 25 peer-reviewed international scientific publications shows that 65-85 % of the patients reduce their degree of obesity with 5 hours of healthcare professional time per patient per year in hospitals and municipalities.

Accompanied by reductions in

- elevated blood pressure
- high cholesterols
- fatty liver
- sleep apnoea
- appetite
- bullying
- parental degree of obesity

And improvements in

- quality of life and body self esteem
- independent on a genetic risk score (obesity)
- independent on socioeconomic class
- independent on the degree of obesity
- independent on disturbed eating



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